

MONONA SENIOR CENTER CALENDAR • MAY 2018

Monday	Tuesday	Wednesday	Thursday	Friday
	1 8:45 Senior Shape-up 9:30 East Towne 10:00 Chorus/Band 11:15 Chair Yoga 12:00 Carve In 12:30 Dans Apps Class 12:30 500/Hand & Foot 1:00 Scrabble 2:45 Dans Open Lab	2 8:00 Stretch & Tone 9:00 Pilates 12:00 Canasta 12:45 Euchre 12:40 Foot Clinic \$22 <i>1:00 Mah Jongg</i> 2:00 Neuropathy	3 8:45 Senior Shape-up 9:00 Walking 10:00 Crafts 11:15 Chair Yoga 12:00 Dominoes 12:00 Bingo & Lunch 12:30 Foot Clinic \$22	4 8:00 Stretch & Tone 9:00 Cribbage 9:00 Pilates 10:00 Route 66 12:15 Sheepshead 1:00 Movie
7 8:00 Stretch & Tone 8:30 Quilt Workshop 9:00 Pilates 9:00 MATC Spanish 10:00 Tai Chi 11:15 Tai Chi 12:00 Adult Coloring 12:00 Reflexology 12:45 Bridge	8 8:45 Senior Shape-up 9:00 Woodmans 10:00 Chorus/Band 11:15 Chair Yoga 12:00 Carve In 12:30 Dans Apps Class 12:30 500/Hand & Foot 1:00 Scrabble 2:45 Dans Open Lab 6:30 <i>Writer's Group</i>	9 8:00 Stretch & Tone 9:00 Pilates 10:00 Home Safety 10:30 Veterans Group 12:00 Canasta 12:45 Euchre <i>1:00 Mah Jongg</i>	10 8:45 Senior Shape-up 9:00 Walking 10:00 Crafts 10:15 ZOO TO YOU! 11:15 Chair Yoga 12:00 Dominoes 1:00 Stamp Camp 	11 8:00 Stretch & Tone 9:00 Cribbage 9:00 Pilates 10:00 Scholarly Scoop 12:15 Sheepshead 1:00 Movie
14 8:00 Stretch & Tone 8:30 Quilt Workshop 9:00 Pilates 9:00 MATC Spanish 10:00 Tai Chi 11:15 Tai Chi 12:00 Adult Coloring 12:45 Bridge 1:00 Sip & Swipe	15 8:45 Senior Shape-up 10:00 Chorus/Band 11:15 Chair Yoga 12:00 Carve In 12:30 Dans Apps Class 12:30 500/Hand & Foot 1:00 Scrabble 2:45 Dans Open Lab	16 8:00 Stretch & Tone 9:00 Pilates 9:30 Foot Clinic \$22 <i>9:30 Knit 'n Stitch</i> 12:00 Canasta 12:45 Euchre 1:00 Conversation Pod <i>1:00 Mah Jongg</i> <i>1:00 Mah Jongg Lesson</i>	17 8:45 Senior Shape-up 9:00 Walking 9:00 Reflexology 10:00 Crafts 11:15 Chair Yoga 12:00 Dominoes 3:30 Friends Meeting	18 8:00 Stretch & Tone 9:00 Cribbage 9:00 Pilates 9:00 ROMEO 12:15 Sheepshead 1:00 Movie
21 8:00 Stretch & Tone 8:30 Quilt Workshop 9:00 Pilates 9:00 MATC Spanish 10:00 Tai Chi 11:15 Tai Chi 12:00 Adult Coloring 12:45 Bridge 1:00 Sip & Swipe	22 8:45 Senior Shape-up 10:00 Band 11:15 Chair Yoga 12:00 Carve In 12:30 Dans Apps Class 12:30 500/Hand & Foot 1:00 Scrabble 2:45 Dans Open Lab 6:30 <i>Writer's Group</i>	23 8:00 Chair Massage 8:00 Stretch & Tone 9:00 Pilates 10:30 Honoring Vet 11:00 Diabetic Foot Clinic \$25 12:00 Canasta 12:45 Euchre <i>1:00 Mah Jongg</i> <i>1:00 Mah Jongg Lesson</i>	24 8:45 Senior Shape-up 9:00 Walking 10:00 Crafts 11:15 Chair Yoga 12:00 Dominoes 12:00 Gourmet Lunch & Euchre <i>Nora's II</i> 3:00 Volunteer Meeting	25 8:00 Stretch & Tone 9:00 Cribbage 9:00 Pilates 11:00 Low Vision 12:15 Sheepshead 1:00 Movie
28 Closed for 	29 8:45 Senior Shape-up 10:00 Band 11:15 Chair Yoga 12:00 Carve In 12:30 500/Hand & Foot 1:00 Scrabble	30 8:00 Chair Massage 8:00 Stretch & Tone 9:00 Pilates 12:00 Canasta 12:45 Euchre <i>1:00 Mah Jongg</i> <i>1:00 Mah Jongg Lesson</i>	31 8:45 Senior Shape-up 9:00 Walking 10:00 Crafts 11:15 Chair Yoga 12:00 Dominoes <i>Italicized font denotes event is held off site.</i>	